

# "MIGHTY HIKE" COMPLETED

Congratulations to Amy Bowden from our South West Defence team on successfully the Mighty Hike, a grueling 26 mile hike along the Gower Peninsula in South Wales. Amy completed the course in 10 hours along with her sister and they raised £700 in doing so for Macmillan Cancer Support, in memory of two family members that the had lost to cancer.

Well done Amy - a great effort, especially in the heat that we have been experiencing!!

