

WORLD MENTAL HEALTH DAY

A huge thank you to every who participated in World Mental Health Day (10th October). This is a day for global mental health education, awareness and advocacy against the social stigma.

To honour this today 180+ employees from our Property Care team received a small gift of a mug filled with chocolates. With this, each employee also received a card with a positive quote and Freephone confidential helplines for BUPA and the EIC; the aim being to make someone smile and get people talking to each other - a kind word goes a long way!

World Mental Health Day

 **Dodd Group**
in partnership with  Rethink Mental Illness.



10th October 2019